

5710 Scoville Street, Falls Church, VA 22041

Social Quarters: (703) 820-9345

JULY 2020



No food will be prepared or served during July

Important Moose Events in July 2020 within our Area

July 18th

VMA District 4 Meeting at Manassas Moose Family Center #1380

July 18th

Leadership Training Class at Winchester Moose Lodge #1283

July 25th

Leadership Training Class at Manassas Moose Family Center #1380

July 26th

Bull Run Moose Legion Summer Celebration at Vienna Moose Lodge #1896

2-HOTT Training Classes are planned in **August** at Winchester Moose Lodge #1283 & Manassas Moose Family Center #1380



The Arlington Lodge is OPEN AGAIN - but BUSINESS IS NOT AS USUAL!

As Northern Virginia has been moved into Phase 3, there are many rules that <u>must be complied with in order to stay</u> open at this time! The BAR IS CLOSED; which means there

will be no service across the bar except at the designed purchase location. Everyone <u>must wear a face mask</u> within the Lodge except when drinking at a table; which means traveling through the Social Quarters when entering, leaving, traveling to the backyard, going to the restroom, standing in line to purchase your favorite beverage, etc.. Tables within the Lodge have been situated to maintain the required 6-foot social distancing; so please do NOT move the tables.

Please note that these requirements can change at any time based on the direction from the Office of the Governor.



Sorry but the 4th of July Family Cookout and the Legion Breakfast in July are CANCELLED!

The Board of Officers have decided to not prepare or serve food during the month of July in order to concentrate mainly on beverage

service within the Lodge and avoid more stringent health requirements for food service. As the Lodge is responsible for all activities when open, NO individuals or private member parties can utilize the outside grills or the kitchen equipment for the preparation, cooking or serving of food at the Lodge!

The Arlington Fraternity apologizes for any inconveniences that this may present to our members.



One Moose is a Reality!

During the 132nd Moose International Annual Convention the delegates voted favorably to pass a set of General Law Amendments that essentially creates a new and unified Moose

membership where all members, male and female, would have equal opportunities, rights and privileges within the Lodge. The change is scheduled to go into effect on May 1, 2021. More information to come!

Congratulations to the elected LOOM & WOTM 2020-2021 Board of Officers!

Provide guidance to further our prosperity, membership, and enjoyment as a fraternity in support of our families and the communities

We Participated in the VMA District 4 "Share the Love" Food Collection Drive on June 6th

In agreement with all the other Lodges within VMA District 4, the Arlington Fraternity held a Food Drive as a community service project. *Refer to Page 3 for more details*.



JULY 2020 Website: arlington1315.org Page 2





Did You Forget to Renew Your Moose Dues?

We know that renewing your Moose Membership may not have been a priority during the past several months due to the world facing the COVID-19 virus pandemic and our members trying to survive day-to-day. However, as a private club, only members that possess an

up-to-date "valid" Moose ID card can be within the Lodge and served to make a purchase (including any enjoyment of electronic gaming and paper pull tabs).

Want to be at the Lodge? Renew your dues!

Don't Procrastinate!



Due date for your 2019 Year Income Tax Return has been extended to July 15th

Canada Day (Féte du Canada)



July 1, 2020

"To go" Food is allowed to be brought into the Lodge during July!

Want to enjoy some food while enjoying your favorite beverage at the Lodge? Since we will NOT be serving any are allowing our members to bring "to go" food into the

food at this time, we are allowing our members to bring "to go" food into the Lodge; however, all of our serving ware has been locked away at this time. Our members who bring "to go" food or get the food delivered <u>MUST</u> provide their own serving "extras" (e.g.: paper plates, utensils, condiments, napkins, etc.) and cleanup after eating at their table! **SORRY, but the Lodge does not want any responsibly for food at this time.**

Pg

Electronic Gaming is Available!

The electronic portable gaming machines have been placed on the table next to the buffet steaming table (currently non-operational) for charging. Members can relocate these devices to their sitting table for their enjoyment; however, they must return back to this table

when finishing your enjoyment and reconnect power to recharge. Let the bartender know that you are finished with the device so that it can be sanitized for another member to use. If you want to cash in your gaming ticket, the member must present the ticket at the designated purchase location.

Note: tables have been spaced so that the required 6-foot social distancing is maintained from the gaming "ticket" kiosk and the wall juke box.





July 4, 2020

VIRGINIA MOOSE

The 2020 VMA Annual State Convention at Hampton Roads, Virginia is CANCELLED! More information to come after July 11, 2020.

The Bailey's Crossroads Rotary Club "Great Assembly" on August 1, 2020 at our Lodge has been CANCELLED!

Bastille Day (Vive la France)



July 14, 2020



A Message from the Editor

I realize that the first two pages of the Newsletter have a lot of "negative" perceptions for our members, but we need to convey the Lodge decisions to our members so that the Lodge remains open under the requirements outlined by the Office of the

Governor of the Commonwealth of Virginia; as well as making our members safe under the pandemic situation and comfortable to return to visit the Lodge. The future under the pandemic is unknown and anything can change from day-to-day. We will try to communicate, the best we can, when changes are implemented.

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Arlington #1315 Board of Officers 2020-2021

Governor

Thomas Oderwald

Jr. Governor

Joseph Russo

Prelate

Dean Massey

Jr. Past Governor

Bernie Cerroni

Administrator

John Matis

Treasurer

Brian Birtell

Trustees

David Kish Jose Cortez Andre McFail

Sergeant-of-Arms

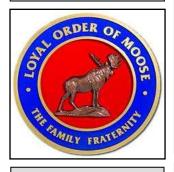
Vacant

Outer Guard

Vacant

Inner Guard

Vacant



Arlington WOTM Chapter #1253 Board of Officers 2020-2021

Senior Regent

Dionysianna "Anna" Ala'ilima

Junior Regent

Sarah Shannon

Jr. Graduate Regent

Linda Councill

Secretary/Treasurer

Elizabeth Coombs

Recorder

Rose Russo

Guide

Vacant

Assistant Guide

Vacant



VMA District 4 "Share the Love" Food Collection Drive on June 6th

Our best communications for the Arlington Fraternity is "word of mouth"; but that was impossible, as the Lodge was closed at the beginning of June. Even though we made announcements on Facebook, in the June Newsletter on the Arlington Lodge website, and in a weekly email to our

members, the contribution was not as expected. BUT, every little bit helps for those in need and we want to <u>thank all of our members</u> who provided food donations. The food was delivered to Arlington Food Assistance Center (AFAC) on South Nelson Street in Arlington.

The Arlington Fraternity would like to thank Elizabeth Coombs, Thomas Oderwald, and John Matis for organizing and being at the Lodge to oversee the event. For the record, John Matis delivered the collected food.



Birthday of the United States

Celebrate Independence Day to praise the nation's heritage, laws, history, society, and people.



Unfortunately, the planned Orientation Program at the Lodge on July 12th has been postponed ... *however*, you can still learn about the Moose Fraternity and Our Mission

Normally, the Arlington Fraternity offers a Moose Orientation Program every second month to explain why we exist, and the activities of our local Moose organization. However, for those new and current members that want to know about the overall Moose Fraternity, you can view the two orientation videos on our Arlington1315.org website. Click on Moose Orientation Video and Moosehaven Video.

Mööse

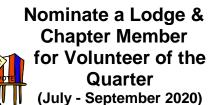
Moose Your Cooperation is Required!!

As the Moose Lodge has a private club status, only members in good standing can be served in the Social Quarters. Even though you may be a

LOOM or WOTM Officer, a member who comes in every day, and/or has a pretty/handsome face that should have made you a famous Super Star ... the rule of the Moose Lodge (and Moose International) is that you must show the bartender your Moose Identification Card (ID) when you enter the Social Quarters. All members MUST carry their "valid" Moose ID card into the Lodge to prove they're in "good standing" within the Moose Fraternity! There are no exceptions!

Moose of the Month





Deadline is September 30, 2020

JULY 2020 Social Quarters: (703) 820-9345 Page 4



TEMPORARY
Arlington #1315
Moose Lodge
Hours of Operation

Closing each day will be 9:00pm

Monday –
Wednesday
3:00pm to 9:00pm
Thursday
Noon to 9:00pm
Friday
Noon to 9:00am
Saturday
Noon to 9:00am

Noon to 9:00pm

Sunday

Please note that this decision was made as no sports are being televised at this time and attendance in the Social Quarters will be minimum

July is National Hot Dog Month



Enjoy with Your Favorite Toppings!



Congratulations to
Andre McFail
LOOM Volunteer of the Quarter
(January – March 2020)



Finally the suspense is over!



Congratulations to Betty McLaurin WOTM Volunteer of the Quarter (January – March 2020)



The LOOM Board of Officers has cancelled the Selection of Volunteers of the 2nd Quarter (April – June) due to the Lodge being CLOSED for most of the months in this period



LOOM Elections for 2020-2021 Board of Officers

As stated many times before, the best communications for the Arlington Fraternity is "word of mouth", which is difficult when the Lodge is closed. However, we publicized in the June 2020 Newsletter, on the Arlington Facebook, and a weekly email to all members that elections would be

held for the LOOM 2020-2021 Board of Officers on June 16, 2020 between the hours of 4:00pm to 8:00pm under an Australian Ballot voting procedure. Can you believe that we had more members vote in the election than last year in a General Membership Meeting? The elected Board of Officers is identified in the left border on Page 3.

First, the Lodge wants to thank all our LOOM members who came to the Lodge and voted. The election voting was conducted in the outside foyer of the Ritual Hall side entrance under the requirements of wearing a face mask and maintaining the requirement of 6-foot social distancing. Second, the Lodge wants to thank Thomas Oderwald, Joe Russo and John Matis for organizing and manning the Ballot Box during the four hour voting period. Furthermore, we want to thank Bernie Cerroni, Gregg Cady, and John Matis for overseeing the elections.

It is important to note that the Installation for all new elected LOOM Board of Officers was conducted on June 26, 2020 after a special Board of Officer meeting.



Queen of Hearts and Bar Bingo will remain suspended until further notice (hopefully restart in August)





Moose International Annual Membership Campaign

Think NEW Members

Are You a Veteran?

Register yourself with Moose International as a Valued Veteran



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The health and safety of our members are our top priority!

Please comply with the directives of our governing authorities during these extraordinary circumstances, especially in maintaining the required

6-foot social distancing indoors & outdoors at the Lodge

The Friday Night Dinners will not be offered in July







No Senior Regent's Message or Governor's Corner this month

Sorry. As the new LOOM & WOTM Board of Officers have just been installed in June, the Editor did not want to burden the new Senior Regent or Governor (*well*, *he's not so new*) with writing an

article where not a lot of "happenings" have occurred in the Arlington Fraternity in June nor planned in July.

Support the Boy Scouts & Girl Scouts



2019-2020 Moose Journalism Awards

Even though our main purpose for our Newsletter, website & Facebook pages are to keep the membership informed of our activities and note the contributions of our members who make our Lodge the "best Moose Fraternity in our community", Moose International has issued the following publication awards on June 26, 2020 at the Moose

International "Virtual Convention":

- Arlington #1315 Website <u>Second Place</u> for General Excellence in Lodge/Chapter Websites (**Webmaster: Joe Russo**); and
- Monthly Newsletter <u>Third Place</u> for General Excellence in Lodge Publications with 201-400 active members (**Editor: John Matis**).

The Arlington Fraternity wants to thank **Brian Birtell** and **Gwendolyn Collins** for their dedication and efforts in keeping our membership informed of events through the other available social media of weekly emails and Facebook. Unfortunately, there are no categories for award by Moose International ... *BUT* in our opinion both of these individuals should be awarded 1st Place!





the most uncomfortable days of summer



Congratulations to Virginia Moose Association 2nd Place for General Excellence in State/Provincial Association/Higher Degree Website (Webmaster: Steve Speaks)

July is National Ice Cream Month



Support Our Local First Responders







Double Moose Reward Points for Training in July

Double Moose Rewards points for Officer/Leadership Training. Complete any instructor led class *OR* complete an on-line training class.

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Issue: 2020-07 Newsletter Contributions

Editor

John Matis

Writers

Thomas Oderwald Anna Ala'ilima John Matis

Proofreading

Elizabeth Coombs

Volunteers are needed for future articles for the Newsletters

Have you Heard?

The Washington Redskins may change their name!

How about ...



Rumor has it that baseball games will happen in July?



Think NATITUDE







All Members Need to Enter the Social Quarters through the Main Entrance of the Social Quarters using their Valid Moose ID Card for Access!



Moosehaven is Covid FREE!

On Saturday, June 6th, the Health Department tested all residents and staff, a total of 521 people, for Covid-19 and it was reported that all results were negative!

The staff and leadership are to be commended for their diligence in taking the precautions to help keep the campus a safe environment for the residents.



New Member Initiative: No Application Fee (July 1 thru September 30, 2020)

The Supreme Council, Grand Council and Moose Legion Council have all approved "NO application fee" as an encouragement to build our membership during these trying times. Let's take advantage of this initiative and welcome hors, friends, and family into our Moose Family (Lodges, Chapters and Moose

our neighbors, friends, and family into our Moose Family (Lodges, Chapters and Moose Legions).

The Special Olympic Softball Tournament had been cancelled in May due to the Covid-19 Pandemic

A thank you extended to the Lodges who donated to this event



Discussions are underway to try to make the Annual Bull Roast on August 1st the first Lodge Event since the Lodge Closure due to the Coronavirus Pandemic ... but no guarantees!

Further restrictions due to increases in COVID-19 positive cases could "squash" our enthusiasm, but we need to start bringing the membership back to the Lodge if we can! There will not be our usual buffet however. A menu will be posted at the entrance of the kitchen door in the entrance hallway of the Social Quarters for members to order which food offerings are desired. Single-servings will be provided based on the ordered food ... but our members can come back as many times to satisfy their hunger (a.k.a. "all-you-can-eat"). The same rules apply while in the Lodge; which means the members must wear a mask when moving within the Lodge to order and receive their food. **More information will be communicated to the members as we get closer to the event.**

Pun of the Month

Why does the Statute of Liberty stand in New York Harbor?

... because she cannot sit!





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No Future
Major Events
are planned at
this time due to
the pandemic
Covid-19 virus

The Lodge will notify our Members as plans become known

Masks are required by Law to be worn within the Lodge at all times



EXCEPT when seated AND drinking or eating!

Please Comply!

T h

Lodge Repairs/Replacement

The MOST important change to the Lodge was the conversion from heat to AIR CONDITIONING in the middle of June, a few days before we opened again on June 19th. We tried to keep expenses at a minimal while being closed (as we were not having any income); so

we waited until the last second for incurring this cost. The Lodge wants to thank Mike Carey for shutting down the boiler and adjusting all the water circulation valves in order to prepare for the conversion to chilled water. This provided a cost savings to the Lodge. It is noted that the company which the Lodge employed to deal with the heat and air conditioning over the past several years had decided to not provide service to commercial properties anymore; therefore, we had to hire a new company for the conversion. To our surprise, the new company was familiar with our "ancient" equipment/systems.

Prior to opening the Lodge, the ceiling grid and tiles were replaced in the men's restroom of the Social Quarters to continue with the planned restoration project. The Lodge wants to thank Tom Oderwald for demolishing the old ceiling, getting the necessary additional ceiling grid pieces and tiles (with assistance by Elizabeth Coombs), and installing the new ceiling. In addition, kudos are shouted out to Billy Hensley for painting the grid and the ventilation grilles. Two new drop ceiling LED lighting fixtures were added in the restroom to provide better brightness. The only items left to be accomplished at this time in the men's restroom is the replacement of the lighting fixture over the sinks and the painting of the walls.

The replacement of the ceiling tiles within the women's restroom is the next activity to be performed in the planned restoration project. The Lodge has already purchased the new tiles.



Let's Talk (A Message from the Administrator)

I know it takes a considerable amount of time for the Lodge to make changes and fix/replace dysfunctional items. In my opinion, the main reason is because we rely on volunteers to perform the work and the work does not occur until they can make time from their busy life to

accomplish the tasks. Maybe, if we were able to get MORE volunteers, the changes and fixes would happen faster (*just a thought*).

At this time, another factor may slow us down even more ... MONEY. Since the Lodge had been closed for almost three (3) months, we had continued to pay bills during this period but had no income. The Lodge is still very solvent in operational funds, however, we need to be choosy in spending money until we recoup some of our losses.

The repair of the toilet in the women's restroom of the Social Quarters is a priority.

Think Natitude!



Watch the
Washington
Nationals
Games at the
Lodge

Games are planned to start in July

Support the WOTM

Participate in the Basket Raffles & Purchase Delicious Desserts in the Bake Sales



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in July 2020

SUN, July 5th
Big Machine Hand
Sanitizer 400
Powered by Big
Machine Records

@ Indianapolis Motor Speedway

SUN, July 12th
Quaker State 400
Presented by
Walmart

@ Kentucky Speedway

WED, July 15th
NASCAR All-Star
Race

@ Bristol Motor Speedway

SUN, July 19th O'Reilly Auto Parts 500

> @ Texas Motor Speedway

THU, July 23rd Kansas 400

> @ Kansas Speedway

Races are televised!

You can Pay Your Moose Dues Online - It's Easy!

Go to Moose International Website; you need your Moose ID number & a credit card.





The Moose hosted a "virtual" convention for the first time in the Fraternity's history. The Virtual Moose Convention occurred on June 25-26, 2020 and any member with internet access had the ability to participate in the live and taped sessions that took place.

Included in the live sessions was the address of Director General Scott Hart, as well as the reports of Mooseheart and Moosehaven, and the installation of officers. Further, addresses by Supreme Governor Rodney Hammond, Grand Regent Mary Froning, Grand Chancellor Barbara McPherson, and Director of Membership Mike Rios were broadcasted live. Additional live sessions and other presentations were recorded and stored on this special Virtual Moose Convention website for viewing at any time by Fraternity members.

Voting for the proposed changes to the Moose General Laws by registered Loyal Order of Moose delegates also took place during this meeting. The General Laws proposals all revolved around the change to create a new and unified Moose membership where women and men have equal membership rights, privileges, opportunities, and a vote in Lodge business and activities. The One Moose General Law proposals passed with 76% of the delegates voting in favor. The effective starting date will be May 1, 2021.

On the Virtual Moose Convention web page are workshop presentations, convention and general Moose merchandise for sale, access to the recorded live events, and award nominations.



The Arlington Fraternity Wants to Thank all our Members who observed the Virtual Convention

We hope that many of our members took advantage of watching all or parts of the Virtue Convention to get a "feel of the workings" of our organization

and to know the accomplishments of the past Moose Year in support of Mooseheart and Moosehaven (i.e.: Moose Charities). AND watching was free!

The Lodge wants to thank Tom Oderwald and John Matis for participating as delegates to represent our Lodge and making the required voting.

Thank You
Members for all
Your
Contributions
to the Arlington
Fraternity!

Pull for the House!
A Pull Tab Recycling
Program at Our Lodge

Collection of aluminum can pull tabs to donate to the Ronald McDonald Charities of Greater Washington, DC





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Remember Mooseheart



health.

Personal/Family Corner

As a "Moose Family" we need to celebrate your personal and family milestones together. Therefore, if you have an upcoming birthday, an upcoming wedding anniversary, a new "clan" member, a promotion/change in your career, or anything else in your life that you want to share with the Moose members, please let John Matis know [in person when at the Moose Lodge or by jjmatis@cox.net].

It is requested that any announcement milestones be submitted prior to the 20th of each month.

Please keep our Moose members and families in our prayers for those who have current

... Andrea Hensley, Rosemary Haddock, Clare Toward, Ray Broz, and Phil Weber;

all long time members of our Arlington Fraternity who are trying to get back to good

Please drink responsibly while Visiting the Lodge



Easy Way to

Support

Mooseheart

while you

Happy Birthday to Lodge members

health or distressed situations; especially

SICKNESS and DISTRESS

William Brothers (7/01) Robert Muretta (7/01) Stephen Sisson (7/06) Gerald Harrington (7/07) Dean Massey (7/07) Lewis Burke (7/08)

John Carter (7/09) Robert Roach (7/11)

James Davis (7/12)

Larry Scarbrough (7/12) Gary Breazeale (7/14)

Brian Fitzpatrick (7/19) Norman Bean Jr. (7/21)

Terry Pamplin (7/21)

Dominick Russo (7/25)

Mike Suman (7/26) Joseph Russo (7/30)

Happy Birthday to Chapter members

Cheryl Emerson (07/01) Melanie Oderwald (07/01) Anna Phillips (07/04) Dawn Rodriguez (07/08) Gwendolyn Collins (07/10) Lucia Garrett (07/10) Sara Wick (07/13) Barbara Field (07/14) Evelyn Lewis (07/26) Janet Ziegler (07/27) Bobbi Beck (07/30) Mary Dodd (07/30)

Evelyn Vicente (07/30)

Linda Burrows (07/31)





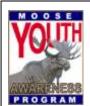
July 8, 1835 **Liberty Bell Cracks**



while being rung at funeral of Chief Justice John Marshall

July Birthstone: Ruby July Flower: Larkspur



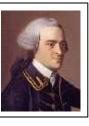


The VMA Youth Awareness Committee is working behind the scene to develop a revised 2020-2021 presentation to be used at the Youth Awareness Student Congress sessions.

The Arlington Fraternity plans to hold a Youth Awareness Student Congress again this year; if pandemic conditions allow.

Did You Know?

The name "John Hancock" is synonymous with "your signature" because Hancock's bold signature on the Declaration of Independence dwarfed the signatures of the other signers. Legend says that Hancock wanted the King of England to see the rebellious signature without having to wear his spectacles.



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Thank You Veterans!



For
Everything
You Do
for Our
Country

Join the Donors Circle



The **Donors Circle**is a recognition
program for
individual Moose
members who send
Endowment Fund
donations directly to
Moose Charities.

The Endowment
Fund donations are
the long term
investment in the
support of
Mooseheart and
Moosehaven.





2020-2021 Arlington #1315 Lodge Membership Challenge

Sponsor a new LOOM member between May 1, 2020 and April 30, 2021 and your name will be placed on a ticket in a raffle conducted each month during the entire Membership Challenge to win \$10.00 in

Arlington "Moose Bucks". No winner for the month of June 2020; as all remaining names expired for selection after May 31, 2020 (in the 2019-2020 Arlington #1315 Lodge Membership Campaign).

In addition, if a sponsor signs up 3 new LOOM members within the Moose Year, the Lodge will pay his/her next Moose Year's dues.



Goal: Obtain Premier Lodge Award in 2021 Current Arlington #1315 Membership Status As of June 26, 2020:

2020-2021 +1 Goal 230 Current
Active Members
229

<u>Difference</u>



Expired **51** Dropped 34

New LOOM Members since May 1, 2020: 0 (As of June 26, 2020)



Please Contribute to the Endowment

Before our Lodge closure in March, we counted on our social events to request contributions for the endowment. As we are not planning any events at this time, it is requested that our members contribute when they visit the Lodge. There is an endowment box on the bar near the order purchase line to collect the contributions.

Any contribution will help support Mooseheart & Moosehaven



VMA Short Term Membership Campaign Win one of three Super Prizes! [May 1, 2020 – August 14, 2020]

If a member sponsors and enrolls five members into the LOOM during the short-term period, the sponsor's name will be entered into a **drawing**

(Date and location to be determined as the VMA Convention has been canceled)

The prizes to be won are ... Yeti Tundra Haul Cooler

Blackstone 36" Flat Top Grill with Accessories

\$400 Bass Pro Shops Gift Card

Continue to save BOX TOP\$ FOR EDUCATION coupons



Collection bag in the entrance of the Social Quarters on the bulletin board

REMEMBER

Business is NOT "as Usual" at this time!

Please be patient and comply with the stated operation requirements

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2020 International Moose Legion Conference with Lodge & Moose Legion Ritual Competitions October 28, 2020 – November 1, 2020 in Pittsburgh, Pennsylvania

More information pertaining to hotel accommodations and pre-registration can be found on the Moose International website.

Free WiFi at Lodge

There will be NO Moose Legion Committee Meeting in JULY

There are no new items to discuss at this time

Summer Celebration/ Conferral



Sunday, July 26th at Vienna Moose Lodge

Bull Run Moose Legion #185

Elections for the 2020-2021 Board of Directors was held on Saturday, June 20, 2020 using the Australian ballot voting procedure. The Bull Run Moose Legion #185 wants to thank all of the Legionnaires who came to the Franconia Moose Family Center #1076 to vote.

The following is the 2020-2021 Board of Directors:

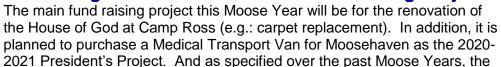
- President Lloyd Skip Staggs (Franconia #1076)
- Secretary Thomas Murray (Dale City #2165)
- Vice President John Matis (Arlington #1315)
- Chaplin Thomas Oderwald (Arlington #1315)
- Financial Director Sidney "Al" Smith (Fredericksburg #1655)
- Fraternal Director Ron Thayer (Dale City #2165)
- Jr. Past President Tim Bliss (Fredericksburg #1655)
- Sargent-at-Arms Larry Gibeault (Franconia #1076)
- Asst. Sargent-at-Arms Darrin Hamm (Dale City #2165)

For the record, the Directors were installed on the same day after the voting results were tabulated.

Bull Run Moose Legion #185

finished in 9th Place (total points) of all Moose Legions in the 2019-2020 Moose Year

Moose Legion 2020-2021 Annual Fund Raising Projects



Legionnaires are expected to contribute towards the scholarships that are awarded in the Youth Awareness Program and for student trips at Mooseheart.

More information and the amount to be contributed by the Arlington Moose Legion Committee will be announced in the upcoming monthly Arlington Moose Legion meetings.





Give Generously!

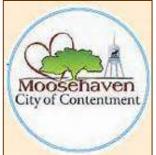
Support Special Olympics



JULY 2020

Contact Us: Arlingtonmooselodge@gmail.com

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July is named to honor Roman dictator Julius Caesar

With the help of Sosigenes of Alexandria (a Greek astronomer from Ptolemaic Egypt) he developed the Julian calendar, the precursor to the Gregorian calendar that we use todav.

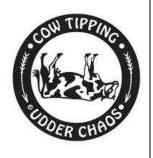


Ways to Beat the Heat

- Drink more fluids, regardless of your activity level. Do not wait until you are thirsty to drink.
- If your older; take care to drink fluids. As we age, the body retains less water.
- Avoid caffeinated, alcohol, or sugary liquids; these can be dehydrating. Avoid very cold drinks.
- Cut back on exercising. If you must exercise, drink 2 to 4 glasses of cool, nonalcoholic fluids each hour.



Cow **Appreciation** Day July 14th





WARNING

The Safe Surfin' Foundation is advising parents to stay diligent in tracking your child's Internet use during the COVID-19 outbreak. As Schools begin replacing the classroom for a laptop, predators will use this as an opportunity to prey on children. Never forget that 100% of children will be contacted by an Online predator. Stay safe in the coming weeks, and as always please keep your children safe Online.



Founded by Law Enforcement, Run by Law Enforcement"

safesurfin.org



The Lodge wants your Ideas for **New Social Events**

Tell us what you want to have for events in the next six months! We need to expand our events to keep everyone interested in the Lodge. Every idea will be considered (e.g.: children movie night, a Capitals or Wizards game, a mystery bus ride, etc.). Please contact John Matis or Tom Oderwald with your suggestions.



Have something you want to tell the Membership?

Write an Article for our **Newsletter**

Provide the article to John Matis at the Lodge or send to ijmatis@cox.net

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